



2024 NGA Mr/Ms California

Folsom, CA

June 29, 2024

Promoter: Johnny "The Motivator" Carrero

Bikini - Open

1. Liz Alfaro
NGA PRO Card
2. Kristina Henrickson
3. Jessica Frazier
4. Nancy Erwin
5. Hesilia Perez

Figure - Open

1. Rebecca LaBad
2. Elizabeth York
3. Tamiko Gilison

Women's Physique - Open

1. Rebecca LaBad
2. Bella Erwin
3. Elizabeth York
4. Tamiko Gilison

Men's BB - Open

1. Manuel Carter
2. Ralph Allen
3. Erik Erwin

Men's BB - Masters 40+

1. Ralph Allen
2. Erik Erwin