



NATIONAL GYM ASSOCIATION
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Francine Bostinto

NGA Hall of Fame – 2019

Thank you!! Five years ago, I created and hosted the inaugural NGA Hall of Fame and Andy was the deserving first inductee. That was the first time I stepped on stage and spoke. Public speaking has always been and continues to be my biggest fear. I prefer to be in the background working, but here I am, once again! And, if you don't understand what I'm saying – yes, that's my thick Brooklyn accent.

About 27 years ago I took a leap of faith and left my secure New York City job to begin working for the NGA. No more would I have to take a bus and two trains to travel to work each day. On a good day it would take me about an hour and ten minutes to travel 20 miles to get to work! For the past 27 years I have been fortunate enough to roll out of bed every day and begin work with my best friend and the love of my life, Andy.

The NGA has meant more to me than anyone can imagine. It has given me a platform to use my tech, administrative, and artistic skills. I have had the opportunity of meeting people from all over the world. I have gotten to see some of the most amazing athletes on stage. I've also seen people crying tears of joy from the realization they've accomplished their dream --whether it was winning a trophy or their pro card or just being able to show off their transformation. And when I see these athletes so happy for their accomplishments, I can't help but think that I have helped them in some small way to fulfill their dreams. So, I want to thank the thousands of athletes that have crossed our stage and given me a reason to get up in the morning. And thank you to our promoters for believing in the NGA, Andy and myself. We couldn't do any of this without each and every one of you!

I can't believe that I am in the NGA Hall of Fame and blessed to be the vice president of this organization. Me!!! The poor girl from the projects deep in the heart of Brooklyn. I'm convinced that where you come from and whatever your circumstances in life are – that it does not make you who you are or what you will do in this precious life.

This month the NGA is celebrating its 40th year and we are not going anywhere. We intend to continue to bring the oldest and the most reputable natural bodybuilding organization to new heights.

Thank you everyone!

Francine Bostinto