



## 2023 NGA Bluegrass Bodybuilding Championships

Lexington, KY

September 30, 2023

Promoters: Josh & Melissa Miller

### PRO Bikini - Open

1. Rachel Shinkle
2. Alisha Wood
3. Jada Lang
4. Tiana Miller

### PRO Figure - Open

1. Courtney Spaeth
2. Emily Orrender
3. Adrienne Southerland

### PRO Women's Physique - Open

1. Courtney Spaeth
2. Adrienne Southerland
3. Honey Arnold

### PRO Men's Physique - Open

1. Ryan Moore
2. Shawn Everhart
3. Dan McCarthy

### PRO Classic Physique - Open

1. Kelvin Davis
2. Brandon Griffin
3. Aaron Brooks
4. Terrell Summers

### PRO Men's BB - Open

1. Jay Johnson
2. Marco Dalabona
3. Brandon Griffin
4. Anthony Stinchcomb
5. Ron Page

### PRO Men's BB - Masters 40-49

1. Marco Dalabona
2. Jay Johnson
3. Anthony Stinchcomb
4. Ron Page

### PRO Men's BB - Masters 60+

1. Ron Page

### Bikini - Open

1. Alinson Yanez  
**NGA PRO Card & Overall**
2. Tatum Cummings
3. Maria Rogers
4. Sarah Wardley
5. Shannon Campbell
6. Natasha Tackett

### Bikini - Masters 40+

1. Shannon Campbell
2. Sarah Wardley

### Figure - Open "A"

1. Amber Anderson  
**NGA PRO Card & Overall**
2. Alicia Frazier
3. Barbie Jackson
4. Valerie Wegford
5. Michele Cerminaro

### Figure - Open "B"

1. Jordan Frodge
2. Honey Arnold
3. Sarah Wardley
4. Amy Rutenberg

### Figure - Masters 40+

1. Barbie Jackson  
**NGA PRO Card**
2. Honey Arnold
3. Sarah Wardley
4. Michele Cerminaro
5. Amy Rutenberg

### Women's Physique - Open

1. Alicia Frazier  
**NGA PRO Card**
2. Barbie Jackson  
**NGA PRO Card**
3. Valerie Wegford
4. Amy Rutenberg
5. Arlene Hagins

### Women's Wellness - Open

1. Alisha Wood  
**NGA PRO Card**
2. Shannon Oesterle  
**NGA PRO Card**
3. Sarah Wardley
4. Julie Holloway
5. Natasha Tackett

### Men's Physique - Open LW

1. Cameron Henson  
**NGA PRO Card**
2. Adam Martin
3. Robert McKeown

4. Jacob Timberlake
5. Calev Wetherill

#### **Men's Physique - Open MW**

1. Ellis Stephens
2. Cameron Miller

#### **Men's Physique - Open HW**

1. Jaxon Moran

#### **NGA PRO Card & Overall**

2. Kenneth Miller

#### **Men's Physique - Masters 40+**

1. Lloyd Jackson
2. Robert McKeown
3. Kenneth Miller

#### **Classic Physique - Open LW**

1. Carlos Parry
2. Gary Shoults
3. Shawn Everhart
4. Robert McKeown

#### **Classic Physique - Open MW**

1. Jay Johnson

#### **NGA PRO Card & Overall**

2. Austin Baird
3. Collier Porter
4. Bill Yackey
5. Ellis Stephens

#### **Classic Physique - Open HW**

1. Kumi Sarpong, Jr.
2. Zachary Martin
3. Jaxon Moran
4. Christopher Troxell

#### **Classic Physique - Masters 40+**

1. Carlos Parry
2. Robert McKeown

#### **Men's BB - Open LW**

1. Carlos Parry
2. Gary Shoults

#### **Men's BB - Open MW**

1. Bill Yackey
2. Will Keeney

#### **Men's BB - Open LHW**

1. Aaron Brooks
2. Zachary Martin

#### **Men's BB - Open HW**

1. Kumi Sarpong, Jr.

#### **NGA PRO Card & Overall**

#### **Men's BB - Masters 40+**

1. Carlos Parry

#### **Men's BB - Masters 50+**

1. Lloyd Jackson

#### **Bikini - Debut**

1. Alinson Yanez
2. Tatum Cummings

#### **Bikini - Juniors**

1. Tatum Cummings
2. Maria Rogers

#### **Figure - Debut**

1. Amber Anderson
2. Jordan Frodge
3. Sarah Wardley

#### **Figure - Juniors**

1. Jordan Frodge

#### **Men's Physique - Debut**

1. Jacob Timberlake
2. Caleb Wetherill

#### **Men's Physique - Juniors**

1. Jaxon Moran
2. Cameron Henson
3. Cameron Miller
4. Caleb Wetherill
5. Jacob Timberlake

#### **Classic Physique - Debut**

1. Austin Baird
2. Collier Porter
3. Zachary Martin
4. Bill Yackey
5. Gary Shoults
6. Christopher Troxell

#### **Men's BB - Debut**

1. Zachary Martin
2. Bill Yackey
3. Gary Shoults
4. Jacob Timberlake

#### **Men's BB - Juniors**

1. Kumi Sarpong, Jr.
2. Will Keeney
3. Jacob Timberlake