



Josh Miller

NGA Hall of Fame – 2025

Welcome to the 2025 NGA PRO/AM Universe and American Natural Championships. This year marks the 46th anniversary of the founding of the National Gym Association (NGA), as well as the 11th Annual NGA Hall of Fame tribute. Each Hall of Fame inductee is selected based on their outstanding qualities, which have helped shape the sport of natural bodybuilding and have made exceptional contributions to the growth, reputation, and character of the NGA and the sport itself.

We are pleased to announce that this year's NGA Hall of Fame inductee is ... Josh Miller. His inspiring journey and impressive achievements make him a deserving recipient of this honor.

Josh Miller comes from a humble background in Campton, KY, where his father worked as a coal miner. Growing up in a small town where everyone knows each other, Josh's parents instilled in him a remarkable work ethic that is evident throughout his life. Every evening, Josh and his father played sports together, fostering Josh's love for athletics.

In high school, Josh excelled in both baseball and basketball, earning recognition as the Most Athletic student each year. He received multiple offers to play college baseball and was offered basketball scholarships, but he chose instead to focus on exercise science at Morehead State College in Kentucky.

Josh has earned multiple NGA PRO Cards: in Physique (2014), Bodybuilding (2016), and Classic Physique Masters (2021). In addition to his numerous titles, he won the PRO Classic Physique Master division at the NGA PRO Universe last year. Josh attributes his success to goal setting, journaling, and his faith in God.

Josh has played a key role in expanding the NGA in other states and consistently supports fellow NGA promoters. He is known for his helpful nature and is respected and loved by everyone in the community as someone who always puts others first.

As we honor Josh Miller, we invite everyone to stand and give a warm welcome to our guest of honor. It is often said that behind every great man is a strong, loving, smart, and encouraging wife. With that said, I would like to invite Melissa, Josh's wife, to join him on stage in recognition of her support.