



## 2026 NGA Bluegrass Bodybuilding Championships

Louisville, KY

October 3, 2026

Promoters: Emily Thomas & David Jones

### PRO Bikini - Open

1. Tomie L. Gartland
2. Stefanie Grimes

### PRO Bikini - Masters 40+

1. Tomie L. Gartland
2. Stefanie Grimes

### PRO Wellness - Open

1. Raquele Stanton

### PRO Men's Physique - Open

1. Dan Otterson

### PRO Men's Physique - Masters 40+

1. Dan Otterson

### PRO Classic Physique - Open

1. Caleb Matthew McCoy

### PRO Men's BB - Open

1. Austin Kjergaard
2. John W. Rossman
3. Thomas Albert Henson
4. Daniel A. Serota
5. Paul Redmer

### PRO Bodybuilding - Masters 40+

1. John W. Rossman
2. Thomas Albert Henson
3. Daniel A. Serota
4. Paul Redmer

### Bikini - Open "A"

1. Sylvia Garneau-Tsodikova  
**NGA PRO Card**
2. Maria Amy Love
3. Makenna E. Briggs
4. Ana M. Martinez
5. Kendra L. Schoffstall

### Bikini - Open "B"

1. Trudy Anderson  
**NGA PRO Card & Overall**
2. Heather Matthews
3. Brittany Whitten
4. Sarah S. Wardley
5. Kristina Renea Taylor

### Bikini - Masters 40+

1. Sylvia Garneau-Tsodikova  
**NGA PRO Card**
2. Ana M. Martinez
3. Heather Matthews
4. Sarah S. Wardley
5. Kendra L. Schoffstall
6. Parveen Islam Majumder

### Figure - Open

1. Hunter Thomas Hill
2. Parveen Islam Majumder

### Figure - Masters 40+

1. Parveen Islam Majumder

### Women's Physique - Open

1. Hunter Thomas Hill
2. Parveen Islam Majumder

### Wellness - Open

1. Trudy Anderson

### Men's Physique - Open LW

1. John W. Rossman
2. Duron L. Adams
3. Joey Juvens Pierre

### Men's Physique - Open MW

1. Joshua Stephen Hawthorne
2. Carlos Alberto Gonzalez  
**NGA PRO Card & Overall**
3. Tim Grimes

### Men's Physique - Masters 40+

1. John W. Rossman
2. Tim Grimes

### Classic Physique - Open LW

1. Jeremiah J. Mrofchak  
**NGA PRO Card & Overall**
2. James Philip Owens
3. Duron L. Adams
4. Jason Matthew Allen
5. Gary Michael Shoults

### Classic Physique - Open MW

1. Alizia True

### Classic Physique - Open HW

1. Timothy Brian O'Keefe
2. Tommy Christopher Jung
3. Nathan Payne

### Classic Physique - Masters 40+

1. Gary Michael Shoults
2. Jason Matthew Allen

### Men's BB - Open LW

1. Jeremiah J. Mrofchak  
**NGA PRO Card & Overall**
2. James Philip Owens

### Men's BB - Open MW

1. Caleb Matthew McCoy

### Men's BB - Open HW

1. Timothy Brian O'Keefe
2. Jordan Kelly

### Men's BB - Masters 40+

1. Jordan Kelly

### Bikini - Debut

1. Sylvia Garneau-Tsodikova
2. Ana M. Martinez
3. Kristina Renea Taylor

### Men's Physique - Debut

1. Carlos A. Gonzalez
2. Jaco Ryder Dolgin

### Classic Physique - Debut

1. Jeremiah J. Mrofchak
2. James Philip Owens
3. Alizia True

### Men's BB - Debut

1. Jeremiah J. Mrofchak
2. James Philip Owens
3. Spencer Wayne Gilvin

### Men's Physique - Juniors

1. Jaco Ryder Dolgin

### Men's BB - Juniors

1. James Philip Owens
2. Spencer Wayne Gilvin